



Howard University Medical Alumni Association, Inc.

2023 Board of Directors Elections



Ademola Adewale, MD
Class of 2000

Service activities related to Howard University Medical Alumni Association, Inc (HUMAA):

Current Board member

What is your interest in service on the HUMAA Board? What special skills/traits can you bring to the board?

Management/finance/ leadership

If you are elected to the HUMAA Board, are there any activities/committees you would prefer to serve on and why?

Budget/ Finance/ leadership



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Nashida Beckett, MD
Class of 2007

Service activities related to Howard University Medical Alumni Association, Inc (HUMAA):

None

What is your interest in service on the HUMAA Board? What special skills/traits can you bring to the board?

I graduated from HUCM in 2007 and completed my residency from HUCM Department of Dermatology in 2011. I have always wanted to give back to Howard University and serve the alma mater that served me so well. My training at HUCM and HUH allowed me to realize my dream of becoming a Dermatologist, and I

want to help other young medical students realize their dreams. As a recipient of several HUMAA scholarships while in medical school, including the Anna Bartsch Dunne Scholarship, Alma Wells Givens Scholarship, and the Carl Herzog Scholarship, I feel an even deeper sense of obligation to serve on the HUMAA board. These scholarships were instrumental in supplementing the cost of medical school, which was otherwise largely funded through student loans. If elected to the board, I want to help make this kind of difference in another student's life. During the last 12 years, I have been focused on establishing my career in private practice and raising my two young children. Now that my children are a little older, I feel that it is the time to give back. Several of my patients are currently HUCM students. I have the unique opportunity to care for their skin as their trusted doctor, while also counseling them and serving as a mentor that was once in their shoes. I would like to continue this service on a larger scale. I live in Washington DC. My proximity to the medical school puts me in a position to be able to be on campus and be hands on with students and the college when needed. Working in private practice, I collaborate with physician colleagues and lead teams of medical staff on a daily basis. I will bring these leadership and interpersonal skills with me if elected to the board. I will bring my passion for HUCM, my enthusiasm to serve, and new and fresh ideas. I currently do not have any other volunteer or board commitments. Therefore, I will have ample time to invest into HUMAA.

If you are elected to the HUMAA Board, are there any activities/committees you would prefer to serve on and why?



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If elected to the board, I would be honored to serve on the Scholarship committee, as I know first hand how a HUMAA scholarship can impact a student's life. I would also be interested in serving on the Membership and Engagement committee as I would like to help tap into the vast network of alumni and engage them in order to make HUMAA even stronger.



Sharon Deans

Class of 1988

Service activities related to Howard University Medical Alumni Association, Inc (HUMAA):

Board Member; BFA committee member, Development, and fundraising committee

What is your interest in service on the HUMAA Board? What special skills/traits can you bring to the board?:

Management and policy experience; finance experience

If you are elected to the HUMAA Board, are there any activities/committees you would prefer to serve on and why?

BFA, Development and Fundraising, Membership Engagement - these are my areas of expertise that I use in my daily work in managed health care.



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Hope Fisher, MD
Class of 1998

Service activities related to Howard University Medical Alumni Association, Inc (HUMAA):

Served on 2023 Scholarship Committee

What is your interest in service on the HUMAA Board? What special skills/traits can you bring to the board?

My interest in service on the HUMAA Board stems from the desire I've had to serve Howard University in some capacity since setting foot on campus for undergraduate school in the fall of 1989. I am a bona fide HU enthusiast! Having graduated from HUCM 25 years ago I am well acquainted with both the joys and challenges that the field of medicine

can present: from the sheer determination needed to successfully complete medical school and residency, to practicing in environments that lack diversity and equity, to mid-career burn out, to balancing medicine and life changes, to navigating the current business model of medicine. I've had successes and failures- all of which make me a great resource for students and colleagues alike. As a board member, I would support HUCM to ensure that our students are adequately prepared for a successful, fulfilling career. I would also seek to fully engage our colleagues (fellow alumni) and encourage continued career support and networking.

If you are elected to the HUMAA Board, are there any activities/committees you would prefer to serve on and why?

If I were elected to the HUMAA Board, I would prefer to serve on the scholarship committee. As a previous scholarship recipient, I feel it is my duty to do so; but also, as a 2023 committee member, I appreciate the careful contemplation and consideration that this process entails. I found each of the applicants to be inspirational in their own way, and I was reminded yet again of the importance and necessity of HUCM. If I were elected to the HUMAA Board, I would also be interested in serving on the Membership Engagement Committee. I think this committee is ever so important in providing continuous encouragement and support to our fellow alumni as we all help to support the school. Leaving the safety net of HUCM and thriving can be a difficult task. I feel this committee can be instrumental in helping us all to achieve and maintain successful careers.



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Selwynn Howard, MD

Class of 1991

List service activities related to Howard University Medical Alumni Association, Inc (HUMAA):

I have donated in the past to the White Coat Ceremony and recently attended the HUMAA Dinner Reception at the last NMA Convention in Atlanta.

What is your interest in service on the HUMAA Board? What special skills/traits can you bring to the board?:

At this point in my career, I think I have the time to be an active participant in committee and board meetings. I have always been able to rally people for causes and in 2021 organized the 30-year reunion of my medical school class on Zoom. We had over 40 classmates participate. My podcast, "The Dr. Selwynn Howard Show" showcases some of the top doctors across the country. They talk about their journeys and current points of interest in their specialties. I have featured several Howard Medical Alums and will continue to showcase them in future episodes. I currently mentor several students that have interest in being health care providers. As a Board-Certified Anesthesiologist, business owner, and administrator, I know how to plan budgets, organize and schedule staff, and be a bridge between hospital administrators and physicians. After leaving Howard, I was a Lieutenant Commander in the US Navy and an Anesthesiology Attending at George Washington University Medical Center. I have served as department chairman at Piedmont Rockdale Hospital in Conyers, GA, as well as served as president of two companies. Currently, I am the President/CEO of At Your Service Anesthesia and Therapeutics, LLC, "Atlanta's Premiere Mobile Anesthesia Group." Since 2018, we have provided anesthesia services to 9 Ambulatory Surgery Centers and medical offices across Atlanta including: Gynecology, Gastroenterology, and Orthopedics. We recently opened an Infusion Center where we provide a wide array of treatment options including Biologics.

If you are elected to the HUMAA Board, are there any activities/committees you would prefer to serve on and why?

I am open to all committees. I think scholarship, member engagement, and event planning would showcase my strengths and would be my three main preferences.



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Hector Knox Jr., MD
Class of 2003

Service activities related to Howard University Medical Alumni Association, Inc (HUMAA):

Current Board member

What is your interest in service on the HUMAA Board? What special skills/traits can you bring to the board?

Engagement with a younger alumni base

If you are elected to the HUMAA Board, are there any activities/committees you would prefer to serve on and why?

Event/ Activities.



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Sidney Nelson III, MD
Class of 2002

Service activities related to Howard University Medical Alumni Association, Inc (HUMAA):

None

What is your interest in service on the HUMAA Board? What special skills/traits can you bring to the board?

I am at a point in my career where I would like to assist personally in increasing recruitment of Black and Brown students into pursuing medical careers. I have worked with several organizations both developing and participating in outreach programs geared at reaching communities in need, providing education and direction to youth interested in a career in the sciences/medicine. I partnered with a fellow HU alum and created a Columbia, MD branch of the NMA where outreach and mentorship are prime directives. It takes alum and individuals with a vested interest to make the connections with the youth. As alum we need to do this in an organized and cohesive fashion to be successful.

If you are elected to the HUMAA Board, are there any activities/committees you would prefer to serve on and why?

I would be interested in Member engagement and Events as I feel I have the personality and ideas to help increase alum response and help create spaces where fellowship amongst alum can thrive. I am an extrovert and enjoy the human interaction and if you ask my peers I am someone who enjoys "moving through the room" and engaging with everyone.



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Robert Schwarcz

Class of 1999

Service activities related to Howard University Medical Alumni Association, Inc (HUMAA):

This would be my first activity. I am interested in engaging in my alma mater.

What is your interest in service on the HUMAA Board? What special skills/traits can you bring to the board?

I have served on two boards and many committees and can bring energy and efficiency to board organizations.

If you are elected to the HUMAA Board, are there any activities/committees you would prefer to serve on and why?

I would be interested in the membership and engagement committee. I believe increasing new membership could bring more visibility of HUMAA and promote more alumni involvement and financial gain to the organization.



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Phyllis Stubbs, MD
Class of 1969

Service activities related to Howard University Medical Alumni Association, Inc (HUMAA):

Served on HUMAA Scholarship committee, Feb-Mar 2023

What is your interest in service on the HUMAA Board? What special skills/traits can you bring to the board?

Serving on the HUMAA Scholarship Committee gave me the opportunity to connect with other physicians showing a deep understanding about the needs of young medical students. I have

experience in serving as an attending physician and director of the pediatric outpatient clinic in a large San Francisco teaching hospital.

If you are elected to the HUMAA Board, are there any activities/committees you would prefer to serve on and why?

My recent experience serving on HUMAA Scholarship committee has reinforced my desire to give back to Howard University and assist young medical students become the best physicians they can be.